



Foo Wah

Chinese Restaurant

Lunch Menu

- ❖ Chicken Crouton Soup
- ❖ Crispy Fried Prawns
- ❖ Stir Fried Chicken with Vegetables
- ❖ Fried Rice, Tea & Bow Tie

R155

Dinner Menu

- ❖ Chicken Egg Flake Soup
- ❖ Crispy Fried Prawns
- ❖ Stir Fried Chicken with Vegetables
- ❖ Sweet & Sour Pork
- ❖ Fried Rice, Tea & Bow Tie

R170

Kindly note that a surplus charge will be imposed accordingly on any change to a set menu
Price inclusive of VAT at 15%



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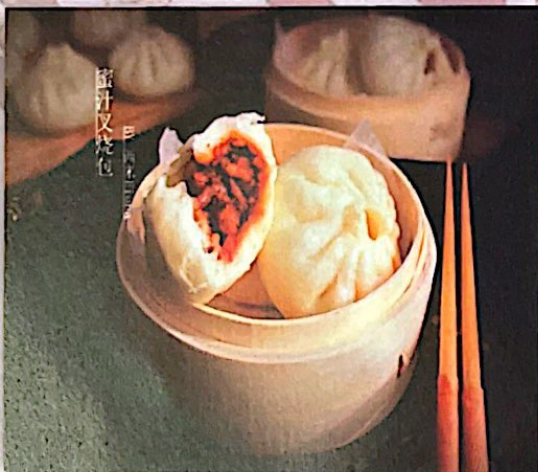


**1/2 Dozen Chicken &
Mushroom Buns**
R100



1 Dozen Prawn Dumpling
R190

1/2 Dozen Prawn Dumpling
R105



**1/2 Dozen Roasted
Pork Buns**
R105



**1 Dozen Beef /Pork
Chicken Snacks**
R155

SOUPS

- Won-Ton* Soup (*Pork & Prawn Dumpling*)
Hot & Sour Soup (*Bean Curd & Vegetable*)
West Lake Beef Soup
Combination Soup (*Chicken/Beef/Prawn*)
Beef & Vegetable Soup
Chicken & Bean Sprout Soup
Chicken & Sweet Corn Soup
Chicken Egg Flake Soup
**Buddha's Soup* (*Vegetable*)
**Vegetarian with Noodle in Clear Soup*

湯類

- 雲吞湯 R52.00
酸辣湯 R40.00
西湖牛肉湯 R52.00
三鮮湯 R58.00
時菜牛肉湯 R52.00
銀芽雞茸湯 R32.00
雞茸玉米燙 R35.00
蛋花雞茸湯 R30.00
上素湯 R40.00
上素湯麵 R58.00

SPRING ROLLS

- Prawn* Spring Roll
Chicken Spring Roll
Beef Spring
Vegetarian Spring Roll
Deep-fried Won-Ton with Sweet & Sour Sauce
- 鮮蝦春卷 R45.00
雞絲春卷 R40.00
牛肉春卷 R43.00
上素春卷 R35.00
錦鹵餛飩 R50.00

春捲類

Service Charges of 10% will be added to tables of 10 or more people.
Prices are inclusive of VAT

HOUSE SPECIALITIES

名菜介紹

Shanghai Steak (Strips of Beef, slightly sweetish, Green Peas)	上海式牛肉	R115.00
Shanghai Chicken (Strips of Chicken, slightly sweetish, Green Peas)	上海式雞肉	R99.00
Combination Chop Mein (with noodles)	什錦炒麵	R142.00
Combination Chop Suoy	炒什錦	R125.00
Sizzling Pork Sze-Tsuen Style	四川豬肉	R125.00
Sizzling Beef Sze-Tsuen Style	四川牛肉	R140.00
Sizzling Chicken Sze-Tsuen Style	四川雞片	R120.00
Sizzling Prawn Sze-Tsuen Style	四川蝦球	R140.00
Sizzling Prawn & Chicken Sze-Tsuen Style	四川雞片蝦球	R148.00
Sizzling Combination Sze-Tsuen Style	四川什錦	R160.00
Curry Combination	咖喱什錦	R135.00
*Thai Curry Combination	泰式咖喱什錦	R140.00
Scallion Beef	茄汁蔥爆牛肉	R140.00
Scallion Chicken	茄汁蔥爆雞絲	R125.00
Scallion Prawn	茄汁蔥爆大蝦	R145.00
Scallion Pork	茄汁蔥爆肉片	R130.00
FOO WAH Steak (Minute steak cooked with our secret sauce)	茄汁中式牛排	R145.00

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SEAFOOD

海鮮類

Prawn & Chicken <i>Chow Mein</i> (Noodle)	雞蝦炒麵	R140.00
Prawn & Chicken <i>Chop Suoy</i>	炒鮮蝦雞絲	R125.00
Prawn <i>Chow Mein</i> (Noodle)	鮮蝦炒麵	R130.00
Prawn <i>Chop Suoy</i>	鮮蝦炒時蔬	R115.00
<i>Sweet & Sour</i> Prawn	酸甜大蝦	R120.00
<i>Deep Fried</i> Prawn	酥炸大蝦	R115.00
<i>Cashew Nut</i> Prawn	腰果蝦球	R135.00
<i>Ku Lu</i> Prawn (<i>Sweet & Sour</i>)	咕嚕蝦球	R130.00
<i>Hot Chilli</i> Prawn	辣椒蝦球	R130.00
<i>Curry</i> Prawn	咖喱蝦球	R120.00
<i>Curry</i> Prawn & Chicken	咖喱雞片蝦球	R130.00
<i>Pepper</i> Prawn in <i>Black Bean Sauce</i>	豉椒蝦球	R120.00
Prawn <i>Fu Yung</i> (Omelette)	芙蓉蝦仁	R135.00
<i>Sweet & Sour</i> Kingklip	酸甜魚塊	R135.00
Kingklip in <i>Sweet corn Sauce</i>	玉米魚塊	R155.00
Kingklip in <i>Lemon Sauce</i>	檸檬魚塊	R138.00
Kingklip <i>Chop Suoy</i>	時蔬炒魚片	R130.00
* <i>Thai Curry</i> Prawn (<i>Hot</i>)	泰式咖喱蝦球	R128.00

All dishes exclude Rice, and Prices are inclusive of VAT.

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Due to the fluctuation of prices and availability in the market, some prices have been marked SQ.

Please do not hesitate to ask for prices from your waitress.

BEEF DISHES

牛肉類

Beef <i>Chow Mein</i> (with Noodle)	牛肉炒麵	R123.00
Beef <i>Chop Suoy</i>	時蔬炒牛肉	R108.00
<i>Sweet & Sour</i> Beef	酸甜牛肉	R108.00
Beef <i>Fu Yung</i> (Omelette)	芙蓉牛肉	R115.00
<i>Pepper</i> Beef in <i>Black Bean Sauce</i>	豉椒牛肉	R112.00
<i>Curry</i> Beef	咖喱牛肉	R110.00
<i>Pineapple</i> Beef	菠蘿牛肉	R112.00
<i>Mushroom</i> Beef	鮮菇牛肉	R112.00
Beef in <i>Oyster Sauce</i>	蠔油牛肉	R115.00
<i>Tomato</i> Beef	番茄牛肉	R135.00
<i>Cashew Nut</i> Beef	腰果牛肉	R130.00
* <i>Thai Curry</i> Beef (Hot)	泰式咖喱牛肉	R118.00

PORK DISHES

豬肉類

Pork <i>Chow Mein</i> (Noodle)	肉絲炒麵	R115.00
Pork <i>Chop Suoy</i>	時蔬炒肉片	R100.00
Pork <i>Fu Yung</i> (Omelette)	芙蓉肉片	R110.00
<i>Sweet & Sour</i> Pork	酸甜豬肉	R100.00
<i>Ku Lu</i> Pork (Sweet & Sour)	咕嚕肉	R115.00

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CHICKEN & DUCK

Chicken <i>Chow Mein</i> (Noodle)
Chicken <i>Chop Suoy</i>
<i>Sweet & Sour</i> Chicken
Chicken <i>Fu Yung</i> (Omelette)
<i>Pepper</i> Chicken in <i>Black Bean Sauce</i>
<i>Cashew Nut</i> Chicken
<i>Mushroom</i> Chicken
<i>Bamboo Shoot</i> Chicken
<i>Pineapple</i> Chicken
<i>Curry</i> Chicken
<i>Sweet & Sour</i> Duck
<i>Braised</i> Duck
* <i>Thai Curry</i> Chicken (Hot)

雞鴨類

雞絲炒麵	R110.00
時蔬炒雞片	R98.00
酸甜雞球	R98.00
芙蓉雞片	R105.00
豉椒雞片	R100.00
腰果雞片	R115.00
鮮菇雞片	R102.00
筍絲雞片	R102.00
紫羅雞片	R102.00
咖喱雞片	R102.00
酸 甜 鴨	R155.00
燴 鴨 球	R160.00
泰式咖喱雞片	R110.00

KIDDIES PLATTERS

Chicken <i>Chow Mein</i> (Noodle)
Beef <i>Chow Mein</i> (Noodle)
<i>Shanghai</i> Steak
<i>Sweet & Sour</i> Chicken
<i>Sweet & Sour</i> Pork
Chicken <i>Chop Suoy</i>
Beef <i>Chop Suoy</i>
Prawn <i>Chow Mein</i> (Noodle)
<i>Sweet & Sour</i> Prawn (4 Med Size)

兒童餐

(Strictly for kiddies under the age of 12)

雞肉炒麵	R65.00
牛肉炒麵	R70.00
上海牛肉飯	R70.00
酸甜雞肉飯	R65.00
酸甜豬肉飯	R68.00
雞 肉 飯	R65.00
牛 肉 飯	R70.00
鮮蝦炒麵	R75.00
酸甜蝦飯	R75.00

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BUDDHA'S DELIGHTS

- Vegetarian *Chow Mein* (Noodle)
Stir Fried *Chinese Vegetable*
Vegetarian *Chop Suoy*
Vegetarian *Fu Yung* (Omelette)
Stir Fried *Beansprout & Bamboo Shoot*

素菜類

- 上素炒麵 R98.00
炒青菜 R80.00
時菜上素 R82.00
齋芙蓉 R98.00
銀芽炒筍尖 R85.00

RICE & NOODLE

- Special Fried Rice with *Prawn & Chicken*
Special Fried Rice with *Prawn*
Special Fried Rice with *Chicken*
Steamed Rice / Fried Rice
Special Fried Rice with *Bean Sprout*
Special Fried Noodle with *Bean Sprout*

米飯、面類

- 雞蝦炒飯 R115.00
蝦炒飯 R110.00
雞粒炒飯 R92.00
白飯/炒飯 R22.00
銀芽炒飯 R70.00
銀芽炒麵 R72.00

DESSERT & BEVERAGES

- Bow Tie
Ginger
Ice Cream (*Chocolate, Vanilla, Strawberry*)
Chocolate Sauce
Cappuccino
English Tea / Coffee
Jasmine Tea (*Per Cup*)
Jasmine Tea (*Pot*)

甜點、飲品類

- 蛋散 R15.00
糖薑 R25.00
冰淇淋 R25.00
巧克力醬 R6.00
意大利咖啡 R22.00
英式紅茶/咖啡 R20.00
茉莉花茶 R10.00
茉莉花茶 R28.00

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